



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2019

Sporting Excellence in Karate

National Level

Alex Krzeminski

This is to certify that Alex Krzeminski has achieved the standard of Sporting Excellence in Competition Sport Karate. Alex competed at National Championships throughout England in 2019 winning the medals and titles listed below:-

Championship Success - 5 Gold 2 Bronze

Yorkshire Open Championships - 10th February, Barnsley

Bronze - Individual Kumite

Shindo Kai Championships - 24th March, Barnsley

Gold - Individual Kumite

Gold - Team Kumite

Shindo Kai Grass Roots Championships - 30th June, Barnsley

Gold - Individual Kumite

Gold - Team Kumite

Shindo Kai Championships - 17th November, Barnsley

Gold - Individual Kumite

Bronze - Team Kumite

Congratulations on your sporting achievements throughout 2019. Well done Alex.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy



British
Karate
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.